



osmo®

Daytime glam

There are rays to catch – you need to make yourself beach-ready in a flash.

8 TREAT YOUR FEET

After dancing the night away your feet are bound to feel dry and cracked, so it's best to give them some TLC before you start all over again. Your feet will love you if you apply a thick layer of **The Sanctuary Intensive Rescue Heel Balm**, £6.99. It contains vitamin E and cushioning shea butter to leave skin super-smooth.

9 STAY SWEAT-PROOF

Sunbathing is the easiest way to put you in a good mood, but it's also guaranteed to make you hot and sweaty. Make sure you're 100 per cent fresh with **Garnier 48-hour Invisible Mineral Deodorant**, £1.99. It claims to work for 48 hours, so you'll feel clean all day long.

10 FIX RED EYES

Blurry eyes will give your hangover away quicker than stinking of booze, so make sure you pop some **Optrex Red Eye Drops**, £3.99, into your beach bag to keep them perfectly white. Just a few drops will eradicate any sign of your late night.

11 BEACH TO BAR HAIR

If you know you're going out later, then there's not much point styling your hair twice in one day. Luckily, we've got the answer for anyone with layered hair – just spray **Osmo Matt Sea Spray**, £6.99, onto the ends of dry hair and scrunch it in with the palms of your hands for sexy, beachy waves.

12 GET FRESH FACED

Feeling hot and bothered? If your skin is looking more sweaty than sultry keep **Benefit Get Even Face Powder**, £22.50, to hand. It blots away redness and shine, which is perfect when the midday sun starts to make you look like a beetroot.

13 BLITZ DARK CIRCLES

Staying up late, or not going to bed at all, means dark circles. Luckily, **Clarins Eye Revive Flash Balm For Eyes**, £25, is like a magic wand for your eyes. Follow up with a slick of **Clinique High Impact Curling Mascara**, £14.50, to boost your lashes and give your eyes their sparkle back.

14 CLEAN HAIR

A sweaty fringe and greasy roots can be easily fixed without washing. **Klorane Extra Gentle Dry Shampoo**, £5.99, is great because it doesn't dehydrate your hair. Just squirt, brush through and hit the beach. We couldn't live without it.

15 SOOTHE A BLOTCHY FACE

If your face is looking a bit blotchy after a day in the sun, try dabbing a warm (not hot!) green tea bag over your cheeks – the antioxidants will work to immediately take down any inflammation. If you need a bit more help, apply **Green People Organic After-Sun Lotion**, £10.99. The aloe vera and mint really help to soothe sun-damaged skin.

WHAT YOU NEED:

