



72 | HEALTH, BEAUTY, SELF

HAIR STYLE

People. Products. Places



Images courtesy of L'Oréal Professionnel

THE LONG AND SHORT OF IT FROM THE EXPERTS AT CHARLIE MILLER

"Hair on the new season catwalks has a consistent theme and whether long or short it looks healthy and well conditioned," says Charlie Miller salon director, Cat Nicholson. "As seen at Gucci and Givenchy, long hair should exude luxury and glamour with lots of volume and large curls. The key to glamorous long hair is definitely optimised by a good blow dry and we are noticing a major increase in women coming into the salons and booking a hair treatment and a professional blow dry that will last three to four days. For short hair, the looks are strong; long crops that can be worn flat and tousled, and softened wedge cuts that are nipped in tight around the sides and back, giving a soft feminine look to a masculine haircut." www.charllemiller.com

osmo®



HAIR SAVIOUR

The sale of dry shampoo is on the rise, and we're not surprised. We recently tried Klorane Dry Shampoo with nettle extract which is great for those in between days where you can go without a wash. The wonder spray has developed cult status with famous followers including Britney Spears, Kirsten Dunst and Mischa Barton and is perfect for a spruce up on-the-go. Quick and practical to use, the dry shampoo leaves hair feeling fresher and fuller, and is great for adding texture. Festival essential. £6.95 at larger Boots stores.



TOP TEN

Neal & Wolf are new on the hair care scene but their collection of shampoos, conditioners and styling products deliver. Scented with saffron, mandarin and sweet vanilla, the collection of ten products all provide SPF protection from the sun. A good summer investment. Prices from £10.95, www.nealandwolf.com

SHAPE IT

Osmo's Shaper Maker is a delicious smelling cream shaper that helps mould, style and texturise hair without making it sticky or weighing it down. Yours for less than a fiver. www.osmoessence.co.uk

