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How to keep your hair looking great at summer festivals

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STRAGGLY, matted and limp locks are no longer the typical hairstyles seen at festivals.

As T in the Park nears, women everywhere are planning their outfits, packing their tents and preparing their festival hair kits.

The style-savvy among us know that a plan of action for festival days one, two and three is what we need to see us through the Scottish weather rollercoaster.

This kit includes the perfect products to smooth, shine and revive the hair, as well as a selection of on trend looks to keep our locks looking luscious.

Key looks for summer 2010 include twists, fishtail plaits, offset quiffs, side buns or chignons and ponytails.

Sleek, smooth, messy and full-on big hair can all be easily worked into your festival hair wardrobe.

Play around before you set off and find out what suits you and what works with what you are wearing.

Almost anything goes - mix and match these key styles and stay festival fabulous.

Here Sarah Jane Campbell, Artistic Director at Rainbow Room International in Glasgow, tells us how to look festival fabulous this year.

DAY 1

Starting out the weekend with freshly washed hair is easy and means you can go for a relaxed boho feel.

Wash your hair the night before or in the morning before you set off and allow it to dry naturally or dry with a round brush for volume and a soft wave.

For a hippy style, add a plaited headband to keep your fringe out of your eyes. (Hairaisers Secrets Headbands: 0208965 2500).