

mess with nature; what you want to do is enhance it. Ask for more highlights around your face that will brighten your complexion.

There are basically 3 types of highlights: basic foil highlights, balayage or "hair painting" and 'slices'...

Foil highlights add strands of colour to hair and you can get many different shades in hair for a more natural look. Balayage, or "hair painting," allows the stylist to add natural-looking colour to hair in large or smaller swathes. This is best for women with a great base colour who want to go just a couple of shades lighter. You won't need to get roots touched up as much with balayage and it is also the technique used to create this summer's hottest celeb hair trend of soft grown out colour. Slices and low-lighting allow the stylist to add lighter and darker shades to hair giving colour more contrast.

## BRUNETTE

Is Brown Right for You?

If at least two of the following apply to you, you are probably best as a BRUNETTE:

- You're mousy brown right now
- Your natural colour lacks the vibrancy of richer browns
- You want a low-maintenance hair colour

Unless you are naturally very blonde, the upkeep for brown hair is fairly easy. Dark hair colour reflects light best, hides breakage, and disguises any flaws and imperfections in your hair.

For the most expensive and glossy looking brunettes, look at your skin and establish whether you're cool or warm in tone. If you're going for a deep chocolaty brown, a sun kissed hazelnut or an ultra-glossy deep black tone there is a brunette shade for everyone.

The most striking brunettes today are dark and multi-tonal and they shimmer in different lights. If you want to deepen your brown to anything beyond dark chocolate, visit a professional – and if you dare to go blue-black, there's almost no going back without a long session in the salon. Without care, super-dark shades can wash you out and even make you appear older.

## NEW IN THE SHOPS

1. Fekkai have launched a lovely new advanced collection including Glossing Shampoo, Conditioner, and the star of the family: Fekkai Advanced Brilliant Glossing Cream. This frizz-fighting, soft seeking shine cream works for nearly every hair type. Encapsulated olive oil reboots shine throughout the day for brilliant hair. **Glossing Cream £20 - beautybay.com**

2. A plant-based conditioner that seals hair cuticles to help lock in colour and shine, while 100% organic aroma brings nature closer. **200ml £16.50 - Russell Eaton, Leeds**

3. New Stargazer Hold Hair wax allows you to mould your hair into the perfect shape that you want, whilst promising to give a sturdy finish and comes in these sleek silver tins. **£3 - stargazer-products.com**

4. Dry, undernourished hair needs greater and longer lasting moisturisation, better conditioning and more protection than other hair types. Brand new Wild Nettle Shampoo from TOMMYGUNS is a great solution for dry, lack-lustre hair. **£4.99 - tommygunshaircare.com**

5. This sulphate-free silverising shampoo from Osmo banishes any unwanted yellow tones in highlighted, bleached or blonde shades and is effective in enhancing silver tones in white or grey hair. **£7.50 - osmo.uk.com**

6. Shan Rahimkhan, Berlin's cult stylist, has introduced his professional hair care and styling collection to the UK. We love his luscious volumising repair shampoo with quinoa. **£22.50 from Harvey Nichols, Leeds**

## RED

Almost everyone can go red, but what's most important is finding the right shade of red. Whether it's a bright cherry red, a soft delicate copper or a strong damson shade, reds can be adapted to enhance most hair cuts and hair types. Reds can often be worn seasonally, and we often use fine slices of warmer colour to enrich blondes with more tone or give brunettes a shimmer of the latest modern hue.

Think of your hair as you would do make-up and clothing, with new fashion shades each season – and remember the mantra: 'Your hair is your ultimate fashion accessory!'

## TIPS FROM THE SALON

Remember to reinvent your look and hair colour every 10 years ... your hair colour may have suited you in your 20s but the same may not apply in your 30s, 40s, 50s and beyond.

The right hair colour should make your eyes sparkle and your skin glow.

Steer clear of hairspray, if possible. Nothing takes the sheen off shiny brunette strands faster than dousing them with hairspray.

You have invested money for hair colour, now protect your investment with a colour-enhancing and protecting shampoo and conditioner.

## NEWS FROM THE SALON

Robert Eaton has recently been featured in Harper's Bazaar Magazine as the North's A-list colourist and A-list stylist. The second time he has been featured this year!

Try our latest hair colour enhancing shine booster, this is an in salon treat for your hair, half way through your normal visit to the salon. This makes hair shinier and colours more vibrant. Aveda have a 99% naturally-derived glossing treatment that makes your hair glow and revives even the most tired looking highlights.

